

Busting Myths – Lesson 1 Workbook

I Must Be Perfect Before I Come to Church

Mirror-Mirror

Get into groups of four or five and discuss your answers to the following questions:

1. As you walked into the room earlier, who did you see when you looked into the mirror?

2. What do you feel others see when they look at you?

WHAT SIN DOES TO US

Ephesians 2:1-3

1. There are four characteristics of the work of sin listed in these verses. What are they?

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

2. Have you ever felt like any of these characteristics of sin? How/Why?

3. What does it mean to be "dead" in your transgressions?

4. Why is it so hard to struggle with sin in this culture?

5. Think about a time when you were "disobedient" towards a parent, God, or another person of authority. How did it make you feel? Why do you think you chose to do what you did at the time?

6. What does having a "sinful nature" mean to you?

7. What does it mean to be an "object of wrath"?

Colossians 3:5

1. What is Paul calling Christians with these characteristics of sin to do?

2. Why should we kill sin instantly? What makes this process so hard to do?

3. Have you ever felt like you had to be a perfect, perhaps even a sinless, person before you came to church? Why or why not?

WHAT GOD DOES FOR US, IN US, AND THROUGH US

Ephesians 2:4-9

1. What did God do for us?

2. Why did God send His Son, Jesus, to save us?

3. Salvation is described as a "Gift from God" in verse 8. What does this really mean?

Workbook Activity

Works cannot save us

Look up the following verses, and list the different kinds of works that cannot save us.

Galatians 2:16, 3:11

Works of _____ cannot save us.

Galatians 5:19-21

Works of _____ cannot save us.

Romans 13:12, Ephesians 5:11

Works of _____ cannot save us.

Hebrews 6:1, Romans 6:23

Works of _____ cannot save us.

Titus 3:5, Isaiah 64:6

Works of _____ cannot save us.

Ephesians 2:10

1. Do you ever feel like a "masterpiece" or work of art? Why or why not?

2. What do you feel God's purpose is in you?

3. How is God working through us according to Paul?

4. Is Paul saying in verse 10 that we are saved by doing good works? Why or why not?

Workbook Activity

Think back about the hammer and chisel illustration. Take a moment now, and list three areas in your life that you know need to be chiseled away.

1. _____

2. _____

3. _____

"Christianity isn't about making bad people good--It's about bringing dead people ALIVE!" - Anonymous

Homework

- Memorize Ephesians 2:10
- Choose at least one of the three areas in your life from above, and commit your decision to God.
- Find another person who may be thinking they must be perfect before attending church, and share with them what you learned from this lesson.