

# Busting Myths – Lesson 2 Workbook

## All Christians Are Hypocrites

### Mirror-Mirror Now What Do You See?

Get into groups of four or five and discuss your answers to the following questions:

1. As you entered the room and saw your own reflection again, who did you see this week in the mirror?

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2. Would your friends say you look like a Christian? Why or why not?

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3. How awkward was it to see the leader wearing a mask at the beginning of the class? Explain.

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### PART 1 – THE ACCUSED

#### Mark 7:1-5

1. What is a hypocrite?

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2. In what areas were the Pharisees being hypocritical in verses 1-5?

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3. What was the big deal concerning washing hands and ceremonial washings? Why did Jesus bring it to their attention?

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4. What are some things we as Christians struggle with that we may try to mask?

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5. Is every believer a hypocrite? Why or why not?

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**PART 2 – THE CONVICTION**

**Mark 7:6-13**

1. How do you know if you are being a hypocrite?

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2. How can we nullify the Word of God by our hypocrisy?

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**PART 3 – THE DECLARATION**

**Mark 7:14-16**

1. How can you clean your life from hypocrisy? What steps or actions can you take to rid yourself of your masks? What does this really mean?

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2. What did Jesus want the Pharisees to get from this life experience?

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3. In what areas can you make a difference in how you portray yourself among your peers?

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4. How can you make a difference in how you portray yourself at home or with your parents?

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5. If you are trying to make a difference in your school, how could you be "Jesus" to others? How could you make yourself real to others?

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6. What was Jesus' declaration?

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#### **PART 4 – THE ENLIGHTENMENT**

##### **Mark 7:17-23**

1. Why do you think the disciples were so confused by what Jesus taught?

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2. Why are habits so hard to break?

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3. When you take your mask off or let your guard down, who are you really?

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4. Why do we try to be so many things and wear so many different masks?

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*"Watch your thoughts, for they become words.  
Watch your words, for they become actions.  
Watch your actions, for they become habits.  
Watch your habits, for they become character.  
Watch your character, for it becomes your destiny."  
Anonymous*

### Workbook Activity

Think back about the mirror as you entered the room today as well as the mask illustration. Take a moment now and list three areas in your life that you hide behind a mask.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

Now, write down two areas where you can make a difference with your faith in school or at home.

1. \_\_\_\_\_
2. \_\_\_\_\_

Finally, how do you think your peers will respond if you remove any of the masks you wear and allow them to see who you really are?

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### Homework

- Memorize Mark 7:21-23
- Ask God to help you remove the mask you wear from at least one of the areas in your life identified above.
- Find another person who may be struggling with the same masks as you. Decide to change together, and then hold one another accountable.